



Momentum Physiotherapy's team has grown!

We are happy to introduce Kristen Whitney as part of our treatment team. Holding a Masters of Science in Physical Therapy as well as a Bachelor of Science in Human Kinetics, Kristen is a member of both Sports Physiotherapy Canada and the Orthopaedic Division of the Canadian Physiotherapy Association.

Her strong belief in the importance of high-quality, one-on-one physiotherapy assessments and treatments coupled with her emphasis on hands-on intervention will make her a strong addition to our team at Momentum Physiotherapy.

Consistent to our commitment to providing the very best in one-on-one patient care, our Registered Massage Therapist and Yoga Practitioner offer treatments dedicated to controlling and relieving symptoms of pain. They are trained professionals, whose treatments have proven effective in decreasing stress and balancing physical well-being with emotional state.

With Massage Therapy Sessions, Thai Stem Massage, Thai Yoga and weekly Yoga classes all available in addition to our Physiotherapy services, Momentum Physiotherapy will keep you moving!

To inquire about our services, check out our facility & book appointments, visit us @ 4184 Spratt Rd, Unit#3 in the Canyon Walk Plaza or call us 613 822 0101.